# The Humanitarian Consequences of Sanctions on Iran: A Comprehensive Analysis

Sanctions have been imposed on Iran since the 1979 Islamic Revolution, with the aim of isolating the country and coercing it to change its behavior. While sanctions have undoubtedly had some political and economic effects, they have also had a severe humanitarian impact on the Iranian people. This article will examine the humanitarian consequences of sanctions on Iran, focusing on their impact on health, education, and access to food and basic necessities.

#### Impact on Health

Sanctions have had a devastating impact on Iran's healthcare system. The country's ability to import essential medicines and medical equipment has been severely curtailed, leading to shortages of critical drugs and medical supplies. This has resulted in a decline in the quality of healthcare, with patients facing longer wait times, reduced access to specialists, and a higher risk of death from preventable diseases.

For example, sanctions have made it difficult for Iran to import essential drugs for treating cancer, heart disease, and diabetes. As a result, many patients have been unable to receive the treatment they need, leading to increased mortality rates. In addition, sanctions have restricted Iran's ability to purchase medical equipment, such as MRI machines and CT scanners, which are essential for diagnosing and treating complex medical conditions.

Collateral Damage: The Humanitarian Consequences of U.S. Sanctions on Iran by Kristy C. Lam



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#### Impact on Education

Sanctions have also had a negative impact on education in Iran. The country's universities and schools have been hit by budget cuts, leading to a decline in the quality of education. In addition, sanctions have made it difficult for Iranian students to study abroad, as they are often denied visas or scholarships.

The budget cuts have resulted in larger class sizes, fewer teaching resources, and a decline in the availability of extracurricular activities. This has made it more difficult for students to learn and has reduced their opportunities for personal development. In addition, sanctions have restricted Iran's access to educational materials, such as textbooks and journals, which has further hindered the quality of education.

#### Impact on Access to Food and Basic Necessities

Sanctions have also had a significant impact on Iran's ability to import food and other basic necessities. The country's access to foreign currency has been restricted, making it difficult for importers to purchase essential goods. As a result, there have been shortages of food staples, such as rice, flour, and sugar, as well as other basic necessities, such as cooking oil and toiletries.

The shortages have led to increased prices for food and other essential items, making it difficult for many Iranians to afford the necessities of life. In addition, the sanctions have made it difficult for Iran to import vital agricultural inputs, such as fertilizers and pesticides, which has led to a decline in agricultural production.

Sanctions have had a severe humanitarian impact on the Iranian people. They have led to shortages of essential medicines and medical equipment, a decline in the quality of education, and restricted access to food and other basic necessities. These consequences have had a significant impact on the health, education, and well-being of the Iranian people.

It is important to note that the humanitarian consequences of sanctions are not always intentional. However, they are a predictable and inevitable result of sanctions that restrict the flow of goods and services to a country. Therefore, it is essential that policymakers carefully consider the humanitarian impact of sanctions before imposing them.

In the case of Iran, the humanitarian consequences of sanctions have been particularly severe due to the country's reliance on imported goods and the long-term nature of the sanctions regime. It is time for the international community to reconsider the use of sanctions against Iran and to find alternative ways to address the concerns that have led to their imposition.

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