

The Bending Bible for the 10 Hole Diatonic Harmonica: A Comprehensive Guide to Mastering the Art of Bending



Welcome to The Bending Bible, the most comprehensive guide to bending on the 10 hole diatonic harmonica ever written. Whether you're a complete

beginner or an experienced player looking to take your bending skills to the next level, this book has everything you need to master this essential technique.



Blues Harmonica - Bending & Beyond: The Bending Bible for the 10-Hole Diatonic Harmonica by Jay Althouse

★★★★☆ 4.1 out of 5

Language : English

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Screen Reader: Supported

Print length : 56 pages



Inside, you'll find:

- A detailed explanation of the physics of bending
- Step-by-step instructions for bending every note on the harmonica
- Tips and tricks for getting the perfect bend
- Exercises to help you develop your bending skills
- A collection of classic blues and rock songs that use bending

With over 100 pages of content, The Bending Bible is the most comprehensive resource available for learning how to bend on the harmonica. Whether you're just starting out or you're looking to take your playing to the next level, this book is the perfect way to learn this essential technique.

What is Bending?

Bending is a technique that allows you to play notes that are not naturally available on the harmonica. By manipulating the airflow and the position of your lips and tongue, you can bend notes up or down in pitch. This technique is essential for playing blues, rock, and other genres of music.

How to Bend

There are two main types of bends: overbends and underbends.

Overbends are bends that raise the pitch of a note, while underbends are bends that lower the pitch of a note. To overbend a note, you need to blow into the harmonica while simultaneously pulling your lips back and raising your tongue. To underbend a note, you need to draw in on the harmonica while simultaneously pushing your lips forward and lowering your tongue.

The amount of bend that you can achieve depends on the type of harmonica you're playing and the strength of your embouchure. With practice, you'll be able to bend notes up to a full step or more.

Tips for Bending

Here are a few tips to help you get the perfect bend:

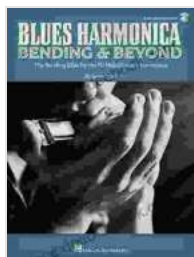
- Start by practicing on a single note. Once you can bend that note consistently, move on to other notes.
- Use a light touch. Don't press too hard on the harmonica, or you'll block the airflow.
- Experiment with different lip and tongue positions. There is no one-size-fits-all approach to bending.
- Be patient. It takes time to develop the strength and coordination needed to bend notes.

Exercises for Bending

The best way to improve your bending skills is to practice regularly. Here are a few exercises to get you started:

- Bend a single note up and down in pitch.
- Bend a note up and down in a chromatic scale.
- Play a blues scale using bends.
- Play a rock song that uses bends.

Bending is an essential technique for playing the 10 hole diatonic harmonica. With practice, you'll be able to master this technique and add a new dimension to your playing.



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