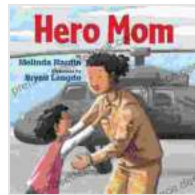


Melinda Hardin: The Hero Mom Who Saved Her Son's Life



Hero Mom by Melinda Hardin

★★★★☆ 4.8 out of 5

Language : English

File size : 1628 KB

Screen Reader : Supported

Print length : 24 pages



Melinda Hardin is a true hero. In 2016, she saved her son's life by performing CPR on him after he nearly drowned. Her story is an inspiration to us all.

It was a hot summer day when Melinda and her family were enjoying a day at the beach. Her son, 4-year-old Elijah, was playing in the water when he suddenly disappeared beneath the waves. Melinda frantically searched for him, and when she finally found him, he was unconscious and not breathing.

Melinda knew that she had to act quickly. She pulled Elijah out of the water and started performing CPR. She had never had any formal CPR training, but she knew that she had to do something to save her son's life.

Melinda performed CPR for several minutes, and finally, Elijah started breathing again. He was rushed to the hospital, where he made a full recovery.

Melinda's story is a reminder that anyone can be a hero. You don't need to have any special training or skills. All you need is the courage to act.

Melinda's story is also a reminder of the importance of water safety. Always supervise children when they are in the water, and make sure that they know how to swim.

Melinda's Story in Her Own Words

"I remember seeing Elijah floating in the water, and I knew that I had to do something," Melinda said. "I pulled him out of the water and started performing CPR. I didn't know if I was doing it right, but I knew that I had to keep going."

"After a few minutes, Elijah started breathing again. I was so relieved. I knew that I had saved his life."

"I'm so grateful that I was able to save Elijah's life. It was the scariest moment of my life, but it was also the most rewarding."

Melinda's Advice to Others

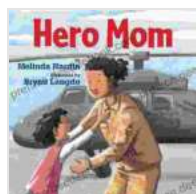
Melinda wants to share her story with others to raise awareness about the importance of water safety and CPR training.

"I never thought that I would have to perform CPR on my son," Melinda said. "But I'm so glad that I was able to. It's a skill that everyone should know."

Melinda encourages everyone to take a CPR class. You never know when you might need to save a life.

Resources

- American Red Cross CPR classes
- American Heart Association CPR classes
- CDC water safety tips for children



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