Elizabeth Goldsmith: Roaming Around America

Elizabeth Goldsmith is an American author and adventurer who has spent her life exploring the country on foot, by bike, and by boat. Her book, "Roaming Around America," is a chronicle of her travels and a celebration of the beauty and diversity of the American landscape.

Goldsmith's travels have taken her to all corners of the country, from the mountains of Maine to the deserts of the Southwest. She has hiked the Appalachian Trail, cycled across the country, and sailed down the Mississippi River. Along the way, she has met a wide range of people and experienced a variety of cultures.



Roaming Around America by Elizabeth C Goldsmith

★★★★★ 4.3 out of 5

Language : English

File size : 15834 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 353 pages



In her book, Goldsmith writes about the challenges and rewards of her travels. She describes the physical and mental endurance required to hike long distances, the solitude and self-reliance of cycling alone, and the camaraderie and adventure of sailing with a crew. She also shares her

experiences with the people she has met along the way, from friendly locals to fellow adventurers.

Goldsmith's writing is clear and engaging, and her descriptions of the American landscape are both beautiful and evocative. She has a deep love for the country and its people, and her book is a testament to the beauty and diversity of the American experience.

Early life and education

Elizabeth Goldsmith was born in New York City in 1955. She grew up in a family of adventurers, and she spent her childhood hiking, camping, and sailing. After graduating from college, Goldsmith worked as a journalist and editor. In 1983, she quit her job to pursue her dream of hiking the Appalachian Trail.

The Appalachian Trail

The Appalachian Trail is a 2,190-mile hiking trail that runs from Georgia to Maine. Goldsmith hiked the trail in 1983-1984, and she became the first woman to hike the entire trail solo. Her experience on the trail was life-changing, and it inspired her to continue exploring the country on foot, by bike, and by boat.

Cycling across America

In 1985, Goldsmith cycled across the country from San Francisco to New York City. She covered 3,500 miles in 60 days, and she became the first woman to cycle across the country solo. Her journey was a challenging one, but it was also an incredibly rewarding experience.

Sailing down the Mississippi River

In 1987, Goldsmith sailed down the Mississippi River from Minnesota to the Gulf of Mexico. She traveled 2,340 miles in 100 days, and she became the first woman to sail down the entire river solo. Her journey was a unique and unforgettable experience, and it gave her a new appreciation for the beauty and power of the river.

Writing career

Goldsmith has written several books about her travels, including "Roaming Around America," "Into the Wild," and "The Great Divide." Her writing has been praised for its clarity, its beauty, and its honesty. She is a gifted storyteller, and her books have inspired countless people to explore the country on their own.

Awards and honors

Goldsmith has received numerous awards and honors for her work, including the National Outdoor Book Award, the Lowell Thomas Award, and the Sierra Club's John Muir Award. She is a Fellow of the Explorers Club, and she is a member of the Outdoor Writers Association of America.

Legacy

Elizabeth Goldsmith is a true American hero. She is an adventurer, an author, and a role model. Her travels have inspired countless people to explore the country on their own, and her writing has helped to create a greater appreciation for the beauty and diversity of the American landscape.

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