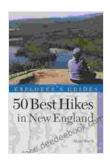
# Day Hikes From The Forested Lowlands To The White Mountains Green Mountains And

New England is renowned for its captivating natural beauty, and its mountains offer a haven for hikers seeking adventure and breathtaking vistas. From the forested lowlands to the towering peaks of the White Mountains and Green Mountains, there's a day hike to suit every fitness level and interest.



Explorer's Guide 50 Best Hikes in New England: Day Hikes from the Forested Lowlands to the White Mountains, Green Mountains, and more (Explorer's 50

**Hikes)** by Andrew Nugara

**★ ★ ★ ★** 4.8 out of 5

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#### Franconia Notch State Park, New Hampshire

Nestled in the heart of the White Mountains, Franconia Notch State Park is a hiker's paradise. The park boasts a network of well-maintained trails that lead to cascading waterfalls, tranquil lakes, and soaring mountain summits.

- Mount Pemigewasset Loop: This moderate 4.8-mile loop trail offers a challenging climb to the summit of Mount Pemigewasset, rewarding hikers with panoramic views of Franconia Notch.
- Flume Gorge Trail: Discover the wonders of a natural gorge on this easy 2-mile loop trail. Admire cascading waterfalls, sheer cliffs, and a covered bridge along the way.
- Bald Mountain Trail: For a strenuous but rewarding hike, tackle the 4.4-mile Bald Mountain Trail. Ascend to the summit to witness breathtaking views of Mount Washington and the surrounding peaks.

### **Mount Washington, New Hampshire**

Mount Washington, the highest peak in the Northeast, is a must-climb for any avid hiker. The mountain offers a range of hiking trails that cater to all abilities.

- Mount Washington Auto Road: Drive to the summit of Mount Washington on this historic auto road. Once at the top, enjoy stunning views and explore the summit facilities.
- Tuckerman Ravine Trail: Embark on a challenging 4.2-mile hike through Tuckerman Ravine. Ascend steep slopes and witness the remnants of a glacial cirque.
- Ammonoosuc Ravine Trail: This strenuous 5.2-mile trail follows the Ammonoosuc River and offers stunning views of Mount Washington's eastern slopes.

## **Stowe, Vermont**

Nestled amidst the Green Mountains, Stowe is a picturesque town renowned for its world-class ski resorts and hiking trails.

- Mount Mansfield via the Long Trail: Hike to the summit of Vermont's highest peak, Mount Mansfield, via the challenging 4.5-mile Long Trail. Enjoy panoramic views from the summit.
- Smugglers' Notch Trail: Explore the scenic Smugglers' Notch on this easy 2.6-mile loop trail. Admire towering cliffs, waterfalls, and a covered bridge.
- Moss Glen Falls Trail: Discover a hidden gem on this short but rewarding 1-mile trail. Witness the cascading Moss Glen Falls and soak in the tranquility of the surrounding forest.

## Killington, Vermont

Killington is a popular ski resort town in the Green Mountains, offering a variety of hiking trails for all levels.

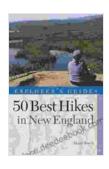
- Pico Peak Trail: Ascend to the summit of Pico Peak, the second-highest peak in Vermont, on this challenging 4.8-mile trail. Enjoy panoramic views of the surrounding Green Mountains.
- Thundering Brook Falls Trail: Hike to the base of Thundering Brook
  Falls, a stunning 80-foot waterfall, on this easy 1.6-mile loop trail.
- Sunset Ridge Trail: Witness breathtaking sunsets from the Sunset Ridge Trail, an easy 2.2-mile loop trail that offers scenic views of the Green Mountains.

#### **Tips for Planning Your Day Hike**

To ensure a safe and enjoyable day hike, consider the following tips:

- Choose a trail that matches your fitness level and interests.
- Check the weather forecast and dress appropriately.
- Bring plenty of water and snacks to stay hydrated and energized.
- Inform someone of your hiking plans and expected return time.
- Carry a map and compass or GPS device for navigation.
- Respect wildlife and stay on designated trails.

Embark on a day hike in the forested lowlands or ascend to the towering peaks of the White Mountains and Green Mountains. Discover the natural beauty of New England and create unforgettable memories along the way.



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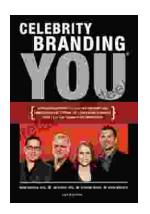
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